## **SKIN-LIGHTENING ROLE PLAY** No Alternatives to Skin-Lightening Products



The store owner recommended I mix two lightening creams to get lighter, quicker. And it's working! My skin is lightening each day.

I am mixing a little of each product, so I am just getting a small amount of exposure... I think that is better than using a lot of one product? I don't think that is a good idea... even if you mix them, they can be harmful & very dangerous for your health.



No, no.. that is still so dangerous. You really shouldn't be mixing products. You should not be using skin-lightening products at all.

Ok, I guess you are right. I will go back to using my one product. It takes a while to see the results, but if you say it's better for me... I can do that

That is a good thought. I should have a conversation with my daughter about the dangers of skin-lightening... I don't want her to use products like I do. You really shouldn't be using any skin-lightening products. It does not set a good example for your daughter... she deserves to feel beautiful. Plus, you are promoting colorism and your children to dislike their skin color. Be a good role model.



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## SKIN-LIGHTENING ROLE PLAY Talking to your Children Start talking to your

I know you saw me when I was putting lotion on my face, I want to talk to you about that...

Well, it is skin-lightening cream.. I use it to lighten my skin. But, please do not ever use it. It is harmful to your health. I want you to love your skin color. Start talking to your children about the dangers of skinlightening products

Ok... is was just moisturizing lotion, right?

But why do you use it if it is harmful to your health?



Becuase when I was young, my mother told me I needed to use it to be beautiful. She told me I could only be beautiful if I had lighter skin. And that is why I want to have this conversation... to remind you that you are beautiful just the way you are.

You are right... I need to try and stop using the products. Just a reminder, you are beautiful just the way you are. Always be proud of your identity, skin color, and culture. Do not let anyone define yourself, always define your own beauty I know that you say that, but I do not believe that, yet. Everyone knows the lighter you are, the more beautiful you are. Plus you still use skin-lightening creams... it makes it hard to believe



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